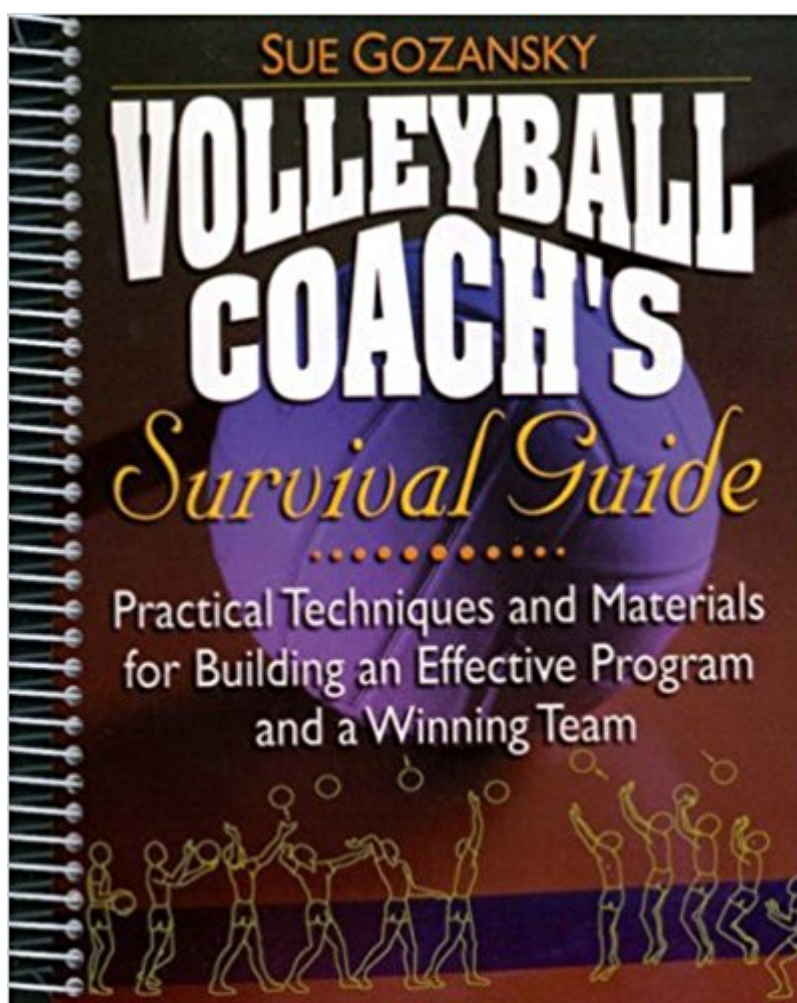


The book was found

Volleyball Coach's Survival Guide: Practical Techniques And Materials For Building An Effective Program And A Winning Team



Synopsis

Over 75 drawings show correct position, and more than 130 court diagrams illustrate position drills and offensive and defensive tactics. Also included are sample player policies, contracts, evaluation and scoring worksheets, and checklists for basic technical skills.

Book Information

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Customer Reviews

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ended up dropping the class but the book was in good condition. Thank you

Great book, with tons of specifics on correct technique for every aspect of the game. Every new coach should have this, and let their players view it.

This book was purchased as a recommendation, but not required for a coaching class. Much of the information is oriented toward on-court coaching, which is helpful for someone who already coaches, but not necessarily for someone who is learning the basics. In my case, I already coached before taking the class, so it was more helpful to me than to others in my class.

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